

2016-17 Wilkes Women's Basketball Media Guide

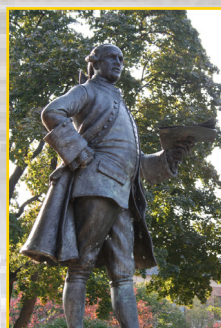


LADY COLONELS

WOMEN'S BASKETBALL

This is Wilkes University

Location: Wilkes-Barre, PA
 Founded: 1933
 Enrollment: 2,200
 Conference: MAC Freedom
 Nickname: Lady Colonels
 Colors: Navy and Gold



Coaching Staff



Head Coach

Chris Heery

6th Season

Phone: 570-408-4022

Email: christopher.heery@wilkes.edu

Chris Heery enters his sixth season at Wilkes after spending six seasons as an assistant coach at Muhlenberg College under Ron Rohn. During his six years at Muhlenberg, the Mules posted a 131-31 overall record, claiming four Centennial championships, five NCAA tournament appearances, and two trips to the "Sweet 16." The 2008-09 team finished 18-0 in the Centennial, the conference's first ever unbeaten team. That squad finished the year 26-4, advancing to the NCAA tournament round of 16 for the first time in school history. Prior to his arrival at Muhlenberg, Heery was the head coach at neighboring Cedar Crest College for five seasons. For the past 17 summers, Heery has honed his skills at Coach Wooten's Basketball Camp, as he's worked alongside legendary high school basketball and Hall of Fame coach, Morgan Wootten.



Graduate Assistant

Leanna Tallamy

2nd Season

Leanna Tallamy begins her second season as a graduate assistant with the Wilkes women's basketball team. Tallamy comes to Wilkes following an outstanding playing career at Muhlenberg College graduating last year in 2015. A unanimous All-Centennial Conference first-team selection, the Lehigh Valley small college player of the year and a D3hoops.com all-region pick, Tallamy averaged team bests of 18.6 points and 11.1 rebounds for the CC-champion Mules as a senior in 2014-15. Tallamy also became the fourth player in Muhlenberg program history to earn All-America honors for her efforts. She broke school records for field goals (191), free throws (156) and rebounds (322) in a season. Her 538 points were just eight shy of the school record. She also was one of only six players in Division III to score at least 500 points without making a three-pointer, ranking in the top 50 in Division III in both scoring (37th) and rebounding (43rd).

Wilkes Sports Information

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Lady Colonels Key Players



#30 Catey McFadden

Junior • Forward

Doylestown, PA / Archbishop Wood

Appeared in 23 games with 21 starts as a sophomore... Averaged 8.2 points-per-game on 32 percent (64-201) shooting from the field... Averaged 4.1 rebounds-per-game in 25.1 minutes-per-contest... Scored season-high 17 points against Neumann (11/13/15).



#25 Ashley Caster

Sophomore • Forward

York, PA / Spring Grove

Played in all 25 games collecting seven starts as a junior... Averaged 4.9 points-per-game on 34 percent (54-157) shooting and 3.23 rebounds-per-game... Scored career-high 17 points at Drew (11/24/15)



#1 Emily Sofranko

Junior • Guard

Jim Thorpe, PA / Marion Catholic

Played in all 25 games collecting 24 starts as a sophomore... Averaged 5.4 points shooting 33 percent (44-134) from the field... Dished out 50 assists while collecting 60 steals on defense... Scored season-high 15 points against Keystone (1/11/16)

Marts Center

Opening in February 1989, the Marts Center hosts volleyball, men's and women's basketball and wrestling in the Henry Gymnasium. The Marts Center also houses conference rooms, a student events center, athletic department offices and the fitness center. The court was recently redesigned and refinished in the summer of 2013.



2016-2017 Schedule

| Date | Opponent | Time | 1/18 DeSales* | 6 p.m. |
|-------|--------------------|--------|-----------------------|---------|
| 11/16 | PSU-Wilkes-Barre | 6 p.m. | 1/21 King's* | 1 p.m. |
| 11/19 | Washington College | 6 p.m. | 1/25 Misericordia* | 6 p.m. |
| 11/20 | Consolation/Champ. | 1/3 pm | 1/28 Delaware Valley* | 2 p.m. |
| 11/22 | Alvernia | 6 p.m. | 1/30 PSU-Hazleton | 7 p.m. |
| 11/26 | Marywood^ | 5 p.m. | 2/1 FDU-Florham* | 6 p.m. |
| 11/27 | Scranton | 7 p.m. | 2/4 Manhattanville* | 12 p.m. |
| 11/30 | Juniata | 5 p.m. | 2/8 DeSales* | 6 p.m. |
| 12/1 | Moravian | 7 p.m. | 2/11 Misericordia* | 1 p.m. |
| 12/7 | Keystone | 7 p.m. | 2/14 King's* | 6 p.m. |
| 12/10 | Clarks Summit | 1 p.m. | 2/18 Eastern* | 1 p.m. |
| 1/4 | FDU-Florham* | 6 p.m. | | |
| 1/7 | Manhattanville* | 1 p.m. | | |
| 1/11 | Delaware Valley* | 6 p.m. | | |
| 1/14 | Eastern* | 1 p.m. | | |

* Denotes MAC Freedom
 Home Games in Bold

^Cross-County Challenge at

For more information on Wilkes Women's Basketball, go to

www.gowilkesu.com