

# Wilkes Women's Volleyball

## 2016 Media Guide

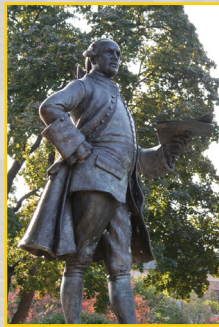




# LADY COLONELS VOLLEYBALL

## This is Wilkes University

Location: Wilkes-Barre, PA  
Founded: 1933  
Enrollment: 2,200  
Conference: MAC Freedom  
Nickname: Lady Colonels  
Colors: Navy and Gold



## Coaching Staff



**Head Coach**  
**Joseph Czopek**  
5th Season  
62-73 Overall Record

Joseph Czopek begins his fifth season at the helm of the Wilkes women's volleyball program in 2016 after four seasons where Wilkes finished 62-73 overall and 14-14 in MAC Freedom play making three straight appearances in the MAC Freedom

Tournament. Czopek was selected as the MAC Freedom Coach of the Year in 2013.

In 2012, Wilkes captured the No. 3 seed in the Freedom Conference Tournament. It marked the first time since 2009 that Wilkes earned a postseason berth. In 2013, Wilkes went 6-1 in conference play earning the No. 2 seed and a home match in the semifinals. Wilkes also made an appearance in the ECAC Southeast Tournament finishing fourth at the postseason event.

Czopek came to Wilkes after a 17-year stint at Wyoming Valley West High School coaching both the boys and girls volleyball squads.



**Graduate Assistant**  
**Kelsey Mazurek**  
1st Season

Kelsey Mazurek begins her first season on the sidelines of the Wilkes women's volleyball team serving as a graduate assistant.

## Marts Center

Opening in February 1989, the Marts Center hosts volleyball, men's and women's basketball and wrestling in the Henry Gymnasium. The Marts Center also houses conference rooms, a student events center, athletic department offices and the fitness center. The court was recently redesigned and refinished in the summer of 2010.



## Wilkes Sports Information

Sports Information Director  
Vince Scalzo  
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Sports Information Asst.  
Adam Planamento  
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## Lady Colonels Key Players



**#6 Ally Paskas**  
**Senior • Outside Hitter**  
Rutherford, NJ / Rutherford

Led team with 271 kills as a junior... Ranked second with 364 digs... Finished season with 22 service aces, 27 assists, and seven total blocks.



**#2 Alexis Morgan**  
**Junior • Setter**  
Walnutport, PA / Northampton

Ranked second on team with 230 assists... Finished sophomore season with 15 kills, 23 service aces, 243 digs, and eight total blocks.



**#15 Abby Sanders**  
**Senior • Opposite Hitter**  
Allentown, PA / Northwestern Lehigh

Finished junior campaign with 148 kills, ranking third among returners. Also accumulated 26 assists, 71 digs, and 18 total blocks.

## 2015 Results

### 12-24 (1-6 MAC Freedom)

- \* Finished 2-2 at Lycoming Quad Match
- \* Defeated Delaware Valley 3-0 in MAC Freedom play

## 2016 Schedule

Date	Opponent	10/1 at MAC Crossover	12 p.m.
9/1	PSU-Hazleton	8 p.m.	10/4 King's* 7 p.m.
9/3	Wilkes Quad	10 a.m.	10/7-8 at Lycoming Quad 2 p.m.
9/7	at Lanc. Bible Tri.	5 p.m.	10/12 at DeSales* 7 p.m.
9/10	at Keystone Tri.	10 a.m.	10/18 Delaware Valley* 7 p.m.
9/14	at Eastern*	8 p.m.	10/21 Colonel Clash Quad 4 p.m.
9/17	Wilkes Tri.	12 p.m.	10/26 at Misericordia* 7 p.m.
9/20	Manhattanville*	7 p.m.	10/30 PSU-Harrisburg 11 a.m.
9/22	at Scranton Tri.	7 p.m.	10/30 Rutgers-Camden 3 p.m.
9/28	at RU-Camden Tri.	1 p.m.	
9/28	at FDU-Florham*	7 p.m.	*Denotes MAC Freedom Game

For more information on Wilkes Volleyball, go to

[www.gowilkesu.com](http://www.gowilkesu.com)