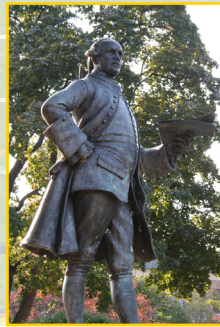# Wilkes Field Hockey
2016 Media Guide

LADY COLONELS FIELD HOCKEY

This is Wilkes University

Location: Wilkes-Barre, PA
Founded: 1933
Enrollment: 2,200
Conference: Freedom Conference
Nickname: Lady Colonels
Colors: Navy and Gold

Coaching Staff

Head Coach
Sara Myers
8th Season
78-57 Overall Record
Sara Myers is in her second stint as the head coach and her eighth season overall. In her six previous seasons she went 78-57. In 2008, she guided the Lady Colonels to a program record 18-4 season and a trip to the ECAC playoffs. The Lady Colonels finished 15-4 in 2009 making their second straight trip to the postseason. During both the 2008 and 2009 seasons Wilkes became regionally and nationally ranked for the first time in school history. During her six seasons as head coach, Myers has coached one NFHCA All-Region selection, 25 MAC Freedom All-Conference players and four Rookie of the Year selections. Myers was named Freedom Conference Coach of the Year after the 2008 season.

Assistant Coach
Lunda Dickson
6th Season
Lunda Dickson returns for her sixth season on the Lady Colonels sideline. Dickson had a fine career at Misericordia University where she was named PAC Rookie of the Year, PAC Honorable Mention during her sophomore and junior years and PAC Second Team as a senior. Dickson currently serves as Director of Coaching and Administration for KaPow Hockey Klub.

Ralston Athletic Complex

The Ralston Athletic Complex is currently undergoing a three-phase, $3 million renovation that has added a synthetic turf field, lights, and a state-of-the-art press box to Schmidt Stadium. Included in the complex is Munson Field House; Schmidt Stadium for football, soccer, field hockey and lacrosse; a stadium for softball; tennis courts a grass soccer field and two football practice fields.

Wilkes Sports Information

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Adam Planamento
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Lady Colonels Key Players

#24 Marissa Surdy
Junior • Forward
Mountaintop, PA / Crestwood
Played in and started 19 games in 2015 as a junior...Named Second Team NFHCA All-South Atlantic Region and First Team All-MAC Freedom, ...Posted 46 points on 16 goals and 14 assists.

#8 Haley Gayoski
Sophomore • Defense
Forty Fort, PA / Wyoming Valley West
Played in and started 20 games as a freshman in 2015... Selected First Team All- MAC Freedom, the only freshman named... Finished with five points on one goal and three assists.

#99 Dallas Kendra
Sophomore • Goalkeeper
Mountaintop, PA / Crestwood
Played in 20 and started in 19 games in 2015... Selected Honorable Mention All-MAC Freedom as a freshman... Finished with 133 saves with a .773 save percentage and 2.07 goals against avg.

2015 Results
10-10 overall (4-3 MAC Freedom)

Date	Opponent	Result
9/1	Keystone	Win 7-1
9/5	Susquehanna	Win 2-1(OT)
9/6	Kean	Loss 1-2
9/10	Marywood	Win 3-1
9/12	at Arcadia	Loss 1-2
9/16	at Elmira	Win 3-2
9/19	Alvernia	Loss 1-2 (OT)
9/23	at Scranton	Loss 0-1 (OT)
9/26	Manhattanville*	Win 2-0
9/29	at Immaculata	Win 4-0
10/3	DeSales *	Win 5-4
10/7	Elizabethtown	Loss 3-8
10/10	at FDU-Florham*	Loss 2-4
10/13	Widener	Loss 0-2
10/17	at Eastern*	Loss 1-2
10/21	Delaware Valley*	Win 5-1
10/24	at King's*	Win 2-1
10/27	Misericordia*	Loss 1-2
10/29	Moravian	Win 3-1
11/4	at FDU-Florham**	Loss 1-4

*MAC Freedom Game
** MAC Freedom semifinal

2016 Schedule

Date	Opponent	Time
9/2	Kean	4:30 p.m.
9/3	Champ/Consolation	1/3 p.m.
9/7	at Keystone	7 p.m.
9/10	Arcadia	11 a.m.
9/12	at Moravian	7 p.m.
9/14	at Marywood	4 p.m.
9/17	at Alvernia	11 a.m.
9/21	Immaculata	7 p.m.
9/24	at DeSales*	1 p.m.
9/28	Scranton	7 p.m.
9/30	FDU-Florham*	7:30 p.m.
10/5	at Eilzabethtown	4:30 p.m.
10/8	at Manhattanville*	12 p.m.
10/12	at Widener	7 p.m.
10/15	Eastern*	12 pm.
10/19	King's*	7 p.m.
10/22	at Delaware Valley*	1 p.m.
10/25	Elmira	7 p.m.
10/27	at Misericordia*	7 p.m.

* Denotes MAC Freedom game

For more information on Wilkes Field Hockey, go to

www.gowilkesu.com